

ANATOMY AND PHYSIOLOGY FOR BIOFEEDBACK CERTIFICATION

There are four ways that you can satisfy the Anatomy and Physiology requirement:

Regionally accredited Anatomy and Physiology courses
Previous regionally accredited courses that collectively cover Anatomy and Physiology
BCIA-accredited distance-learning course.
MOOC - Massive Open Online Courses

Regionally Accredited Anatomy and Physiology Courses

You may take human anatomy, human anatomy and physiology, human biology, or a human physiology course at a regionally accredited college or university for a grade or pass/fail (but not audited).

If your course does not have one of the above titles, you must submit a course syllabus, catalog copy, or a letter from the professor to verify that the course did indeed cover the subject material as outlined. You are responsible for previewing the course to ensure that it covers the organization of the human body and all 11 systems: integumentary, skeletal, muscular, nervous, special senses, circulatory, respiratory, digestive, urinary, endocrine, and reproductive.

Previous Regionally Accredited Anatomy and Physiology Courses

If you believe that several of your regionally accredited courses collectively covered the organization of the human body and all 11 systems, you may write to BCIA and request a special review for equivalency. All requests must be received in writing via email and must include copies of relevant transcripts, course syllabi, catalog copy, and/or letters from your professors to confirm the content that each course satisfied, and a check for \$50 to initiate the review.

BCIA-Accredited Distance Education Programs

The courses below were built with the behavioral clinician in mind and the material is geared toward what one needs to know to successfully understand and use biofeedback techniques.

- The Behavioral Medicine Research & Training Foundation <https://www.behavmedfoundation.org/anatomy-physiology-human-biology-for-behavioral-clinicians/>
- Biosource Software - <https://www.biosourcesoftware.com/human-physiology>

Course Suggestions

Applicants who have been seeking to fulfill the human anatomy/physiology requirement have suggested the following accredited online courses. BCIA does not accredit these courses; they are listed simply as suggestions. There are many more options available to you. Please find something that suits your personal style, checkbook, and the time you have available.

- [Brookhaven College](#) - This course is now split into 2 parts and to receive credit, one must complete both Part I and Part II.
- [Pima Community College](#) offers the course either for college credit or continuing education. Either method is acceptable to fulfill this requirement for certification.

MOOC - Massive Open Online Courses

These are free courses tied to a university; however, they do not offer college credits. A CE Certificate must be submitted as proof of completion of this requirement. Most MOOCs charge a small certificate fee (\$49) and you will need to pay this in order to receive documentation that you completed the course requirements.

Introduction to Human Physiology, offered by Duke. - <https://www.coursera.org/learn/physiology>

Anatomy and Physiology 1, offered by Udemy <https://www.udemy.com/course/ap1complete/>

There may be others and if you find a course of interest, please submit the information to BCIA for pre-approval.